



NATIONAL FERTILITY CONFERENCE

19-21 OCTOBER 2018

BRISBANE

PROGRAM

www.nationalfertilityconference.com

Towards the Complete Person

Organised by the *Australasian Institute for Restorative Reproductive Medicine (AIRRM)*,
In collaboration with the National Fertility Awareness Agencies:

Australian Council of Natural Family Planning Inc.

FertilityCare Centres of Australasia Inc.

Ovulation Method Research and Reference Centre of Australia Ltd.



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NATIONAL FERTILITY CONFERENCE

FRIDAY 19 OCTOBER 2018

Fertility Awareness Agencies Conferences

9.00am – 4.30pm
ACNFP – Corbett Room, Whitty Building

12.30pm – 4.30pm
FCCAu – Des O’Callaghan Auditorium, Kelly Building

(Combined breaks in the
Corbett room, Whitty Building)

Morning Tea

10.30am – 11.00am

Lunch

12.30pm – 1.30pm

Afternoon tea

3.00pm – 3.30pm

Conference Dinner

6.00pm **Coach** to depart for Mt Coot-tha,
from Stanley St bus stop 6,
near Raymond Terrace,
Mater Hospital Brisbane,
returning at 10.30pm.

6.30pm **The Summit Restaurant**, Mt Coot-tha

Hosts Sandra Grey & Linda Tettamanzi,
Midwives, Mater Health

Dinner Presentation “Women’s Health 50 Years From Now”

Associate Professor Michael Beckmann –
Medical Director of Mothers, Babies and
Women’s Health Service, Mater Health.

SATURDAY 20 OCTOBER 2018

Towards the Complete Person

Exploring the BioPsychoSocial
and Spiritual aspects of human
reproduction and relationships

Eire Room, Level 3, Duncombe Building,
Raymond Terrace, South Brisbane

*Driving: via Hancock St Carpark, Level 3,
Green, signed from there.*

Walking: Raymond St entrance, Level 3.

8.15am **Registration** in the forecourt

8.50am **Official Welcome And Opening**

Maree Reynolds – Director of Nursing
and Midwifery, Mothers Babies and
Women’s Health Service, Mater Health

SESSION 1

Psychological Considerations

Co-Chairs Dr Paul Evans, Mandie Bowen

9.10am **“Relationship – Belonging And Believing”**
Dr Christina Reynolds – Clinical Psychologist

9.40am **“Loss In A Land Of Plenty –
Miscarriage And Stillbirth”**
Trish Wilson – Midwife and Counsellor

10.10am **“Support In The Journey Of Infertility”**
Marc Sherman – Organic Conceptions

10.40am **Poster Presentations And Afternoon Tea**



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SESSION 2

Spiritual Considerations

Co-Chairs Dr Mary Walsh, Lesa Meese

11.10am Keynote

**“The Whole Person –
More Than The Sum Of Our Parts”**

Dr Conor Sweeney – Lecturer,
JPPI Institute for Marriage and Family

12.10pm **“Particular Challenges In
Human Reproduction”**

Rev Dr Paschal Corby – Bioethicist,
JPPI institute for Marriage and Family

12.40pm **Lunch**, Forecourt area

SESSION 3

Social Considerations

Co-Chairs Dr Elvis Šeman, Lynne Anderson

1.30pm Keynote

**“Fertility: insights From The Australian
Longitudinal Study On Women’s Health”**

Professor Gita Mishra – Director, ALSWH,
University of Queensland

2.30pm **“Diet for Fertility – Social Barriers
To Achieving The Optimum”**

Dr Shelley Wilkinson, Dietitian,
Mater Mothers Hospital

3.00pm **Poster Presentations And Afternoon Tea**

SESSION 4

Biological Considerations

Co-Chairs Dr Joseph Turner, Dr Cathy Peterson

3.30pm **“Precocious Puberty And
Delayed Adolescence”**

Dr Tony Huynh – Paediatric endocrinologist,
QLD Children’s Hospital

4.00pm **“Diabetes – In Fertility And Preconception”**

Dr Neisha D’Silva – Obstetric Medicine
Physician, Mater Health

4.30pm **“St Luke’s As A HealthCare Model”**

Dr Joseph Hassan, General Practitioner
and Cushla Hassan, Practice Nurse,
Nelson, New Zealand

Continued overleaf ...



See conference website
www.nationalfertilityconference.com
for details on CPD points, pre-reading,
and conference papers.



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Public Forum

The Eire Room, Duncombe Building,
via Hancock St carpark, Level 3.

5.30pm **Drinks And Hot Snacks**

Co-Chairs Dr Gabriel James, Danielle Schroeders

6.00pm **Forum**

**“Towards the Complete Practice:
The Australian Experience of
Restorative Reproductive Medicine”**
(a whirlwind tour of different
service provision models)

- **FertilityCare (Perth)**
Set-up and challenges;
Dr Amanda Lamont and team
- **Fertility Fundamentals (Adelaide)**
Pregnancy statistics and cost effectiveness; Drs Elvis Šeman, Cathy Peterson, Alison Fleming, Toni Turnbull, Bernadette Davies
- **Fertility Assessment Clinic,
Manningham General Practice (Melbourne)**
Registrar and medical training;
Drs Mary Walsh and David Anderson
- **Gardens Medical Group (Albury)**
Integrating with General Practice;
Dr Paul Evans and Genevieve Burton
- **Holroyd Medical Practice (Sydney)**
Urban opportunities; Dr Veronica O’Connell
- **Real Choices Australia and
Australian Mifepristone Reversal (Wodonga)**
Wanted pregnancies;
Dr Joseph Turner and Debbie Garratt
- **Blue and Pink O&G (Toowoomba)**
A provincial one stop shop;
Dr Brendan Miller and Cathryn Marshall
- **Raceview Medical Practice (Ipwsich)**
Co-ordinated care; Dr Terry Kent and FCP’s
- **Natural Fertility Services (Brisbane)**
Research foundations;
Dr Luke McLindon and Linda Tettamanzi

Local Dinner, 7.30 pm
South Bank

SUNDAY

21 OCTOBER 2018

Post Conference Events

- 7.00am **Doctors Breakfast**, incorporating
Medical Guild of St Luke and
National Catholic Medical Association
(Qld Branch) Launch and MaterCare Australia

Fountain Room, Hotel Diana,
12 Annerley Rd, Woolloongabba
- 9.00am **Sunday Mass** at Mater Convent Chapel,
Fr Bavin Clarke – All Welcome
- 10.00am **Morning Tea**, Forecourt of Eire Room,
Duncombe Building, Level 3
- 10.20am **AIRRM – Board Of Directors Meeting**,
Eire Room
- 10.30am **AIRRM AGM**, Members only,
Membership Certificates, Eire Room
- 11.00am **AIRRM Strategy And Planning Meeting**
All registrants welcome
- 12.30pm **Close**



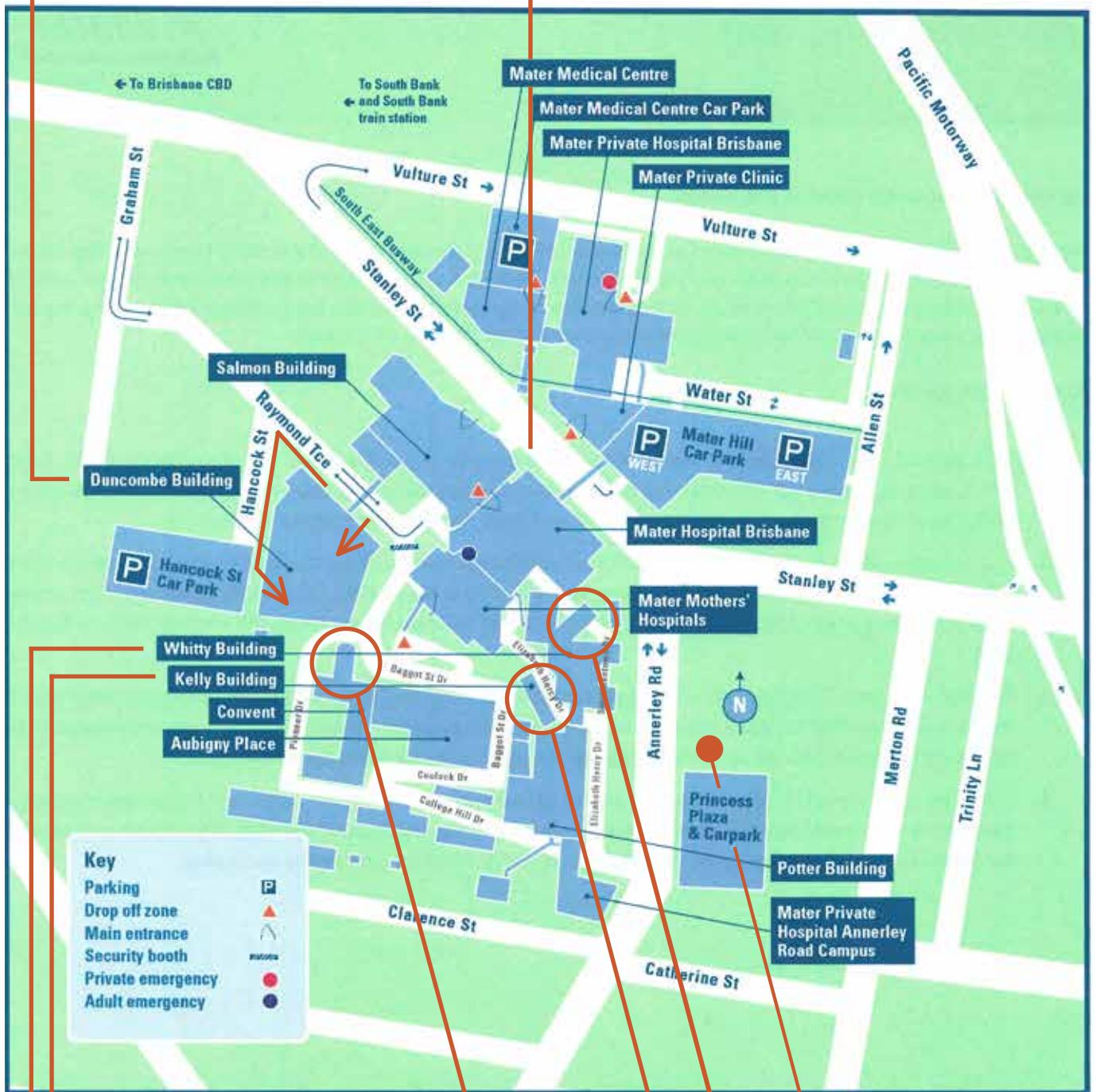
NATIONAL FERTILITY CONFERENCE

Saturday / Sunday

Duncombe Building
 Eire Room, Level 3, Green
 Drive: Hancock St carpark, Level 3
 Walk: Raymond St entrance, Level 3

Coach Stop

Corner Raymond Tce and Stanley St
 (to the right) on south side of Stanley St



Friday
 Kelly Building
 Whitty Building

Sunday
 Chapel

Sunday breakfast
ACNFP meeting
FCCAu meeting



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CONFERENCE SPEAKERS

**A/Prof Mike Beckmann
Director of Mothers Babies
and Women's Health,
Mater Misericordiae Ltd
MBBS FRANZCOG PhD**



Mike Beckmann has been with the Mater for 13 years, initially in the role of Staff Specialist, and then Director of Obstetrics and Gynaecology. As Clinical Stream Leader, he is now responsible for mothers babies and women's health services across Mater's facilities, and therefore oversees care delivery to both public and private-funded women in Australia's largest maternity service.

Mike is a Fellow of the Royal Australian and New Zealand College of Obstetricians and Gynaecologists, and holds a Bachelor of Medicine and Bachelor of Surgery as well as Doctor of Philosophy from The University of Queensland. He holds the positions of Senior Staff Specialist Obstetrician and Gynaecologist, Betty McGrath Research Fellow, College Examiner, and Associate Professor at the University of Queensland School of Medicine.

As well as Clinical Stream Leader, he is an active clinician and a researcher. His major research focus is induction of labour. His PhD thesis was on the topic of "Induction Labour using Prostaglandin" and Mike is now leading a national multi-centre trial comparing induction of labour as an inpatient and an outpatient. He has authored and co-authored more than 60 research publications, and is co-supervising several PhD students in the areas of surgical simulation, team dynamics, consumer information-sharing, and the health economics of surgical site infection.

**Rev Dr Paschal Corby OFM Conv.
MBBS (Monash), BTheol (MCD),
STL, STD (JPII Rome), Bioethics**



Fr Paschal Corby OFM Conv. is a priest of the Order of Friars Minor Conventual. He is assistant priest of the Parish of St. Joseph's, Springvale. He holds undergraduate degrees in Medicine (Monash) and Theology (Catholic Theological College), has a Licentiate in Sacred Theology from the Pontifical John Paul II Institute in Rome, and a Doctorate in Sacred Theology from the same Institute. He currently teaches bioethics at the Institute's Melbourne campus.

**Dr Neisha D'Silva MBBS FRACP,
Specialist in Endocrinology and
Obstetric Medicine,
Mater Hospital, Brisbane**



Dr. Neisha D'Silva is an Endocrinologist/Obstetric Medicine Physician at Mater Hospital, Brisbane, since the completion of her specialist training in 2006. In her role, as clinical lead at the Mater Young Adult Health Service Brisbane, Diabetes Clinic, she has been privileged to walk the journey with many young diabetic women in their quest to have a healthy baby. Her special interests are in Type 1 Diabetes and Insulin Pump therapy. She is a Senior Lecturer with the University of Queensland.

**Dr Joseph Hassan –
General Practitioner
MBChB, DCH, Dip. Obst,
FRNZCGP.**



**Cushla Hassan –
Practice Nurse BN, NZRCN.**

In 2001 Joseph and Cushla set up St Luke's Health Centre, a Christian Hippocratic General Practice in Nelson, New Zealand.

Within the practice they offer Crisis Pregnancy Support (Hapai Taumaha Hapūtanga). This is a free service, providing support to women with unplanned pregnancies who wish to explore the option of continuing their pregnancy with support. Women suffering from post abortion grief also come for support.

www.crisispregnancysupport.org.nz

They also offer the Billings Ovulation Method in the practice and serve on the board for WOOMBZ.

www.billingslife.org.nz

In recent years Joseph and Cushla have provided medical advice for Loving for Life NZ, an excellent programme of Christian Sexuality and Relationship education for young people.

www.lovingforlife.org.nz

They have spoken together both nationally and internationally and are passionate about life affirming work. They remain very happily married and have 4 children.

St Luke's Health Centre is a teaching practice for the Royal New Zealand College of General Practitioners and is Cornerstone accredited.

www.stlukeshealth.co.nz



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Tony Huynh, MBBS PhD FRACP

Dr Tony Huynh is a paediatric endocrinologist at the Queensland Children's Hospital (formerly Lady Cilento Children's Hospital) in Brisbane. He has a particular interest in the laboratory aspects of endocrinology as it pertains to growth and development in children, and is currently completing his fellowship in chemical pathology through the Royal College of Pathologists of Australasia.



Professor Gita Mishra, FAHMS CStat CSCi PhD

**Professor of Life Course
Epidemiology | NHMRC
Principal Research Fellow**

**Director, Australian Longitudinal
Study on Women's Health |
Head, Epidemiology and Biostatistics Division**

School of Public Health | University of Queensland

Gita Mishra is an NHMRC Principal Research Fellow and Professor of Life Course Epidemiology at the School of Public Health, University of Queensland. She is Director of the Australian Longitudinal Study on Women's Health, a major national study running since 1996 that has informed development of policy related to women's health. Prof Mishra also leads the InterLACE project, a major international consortium on reproductive health and chronic disease.

She is internationally recognised for her contribution to research on life course epidemiology and women's health. Her specific focus is on the factors that affect reproductive health from menarche to menopause, and the influence of reproductive health across the life course. She has more than 300 peer-reviewed scientific papers and book chapters, including as co-editor of a key academic textbook on Family Based Studies. In 2017, she was presented an honorary membership of Sigma International, a global nursing organisation, for her contribution to women's health and was elected as a Fellow of the Australian Academy of Health and Medical Sciences (FAHMS). In 2018, she led a successful application for an NHMRC Centre for Research Excellence on Women and Non-Communicable Disease (CRE-WaND).



Dr Christina Reynolds, Mag.rer.nat., DPsych (clinical), MAPS

Dr Christina Reynolds is a Clinical Psychologist and Director of Zest Infusion, a Psychology and Allied Health Practice in Birkdale, QLD.

She completed her undergraduate degree in Austria before moving to Australia to complete her postgraduate degree in clinical Psychology at Griffith University in Brisbane, Australia.

She is currently undergoing training to become an accredited Emotionally Focused Couples Therapist (EFT).



Maree Reynolds, BN MNursing (Mgt), Director of Nursing and Midwifery, Mothers Babies and Women's Health, Mater Health Brisbane

Maree is a Director at Women's Healthcare Australasia, an Honorary Clinical Fellow (Faculty of Nursing and Midwifery) at Australian Catholic University and holds a Masters of Nursing (Management) from University of Technology and a Bachelor of Nursing from University of Sydney.



Marc Sherman, Founder Organic Conceptions

I'm a husband and father of 3 children Maxwell (13), Emerson (7) and Kennedy (5). I graduated from the University of Rhode Island with a Bachelor degree in Marketing. I spent over 20 years working in a variety of sales and marketing leadership positions at American Power Conversion and Schneider Electric.

For the last 4 years I have dedicated myself and my work to forming the Organic Conceptions organization. We are dedicated to uncovering the patterns, insights and commonalities from couples who unexpectedly overcame infertility. It's my belief that society evolves through shared experiences. What we learn through these stories allows us to provide couples with the critical emotional support and self-discovery tools that can dramatically alter their journey to parenthood and beyond.

On a personal note I love clamming, grilling, boating and enjoying the summer months with my family at the beach!





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Dr Conor Sweeney BA (TWU) STL, STD (JPiI Rome)



A Canadian by birth, Dr. Conor Sweeney is a lecturer at the John Paul II Institute for Marriage and Family. He is the author of two books, including one published in 2018 called *Abiding the Long Defeat: How to Evangelize Like a Hobbit in a Disenchanted Age*. He is married with 5 children. His lectures on the New Evangelisation in post-modern culture.

Trish Wilson RN, RM, BCouns, MHlthSts



Trish is a registered nurse, midwife and counsellor. She holds a Bachelor of Counselling and a Masters in Health Studies in loss and grief. She has worked as an academic at the University of Queensland, in the Health Studies and Masters of Counselling Programs and established the Bereavement Support Program at the Mater Mother's Hospital (Brisbane) in 2007. Since relocating to the Sunshine Coast in 2016, she has taken up the position of Clinical Services Manager at Bloomhill Cancer Care. She is published in the perinatal loss literature and continues a private counselling practice focusing on loss, grief and trauma counselling and providing supervision for those working in mental health.

Shelley Wilkinson, PhD AdvAPD Senior Maternal Health Research Fellow, Mater Mothers Hospital



Dr Shelley Wilkinson is an Advanced Accredited Practising Dietitian and is the Senior Research Dietitian in the Mater Mothers' Hospitals, Brisbane. She currently holds a Queensland Health - Health Research Fellowship that is focusing on improving the delivery of dietetic care to women with gestational diabetes, supporting healthy gestational weight gain, and improving delivery of evidence-based nutrition information to pregnant women. Shelley has been a dietitian since 1995 and also has a PhD in Psychology.

We acknowledge and thank our sponsors:



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